



IRIC

IRON RIDGE INTERMEDIATE CAMPUS

EAGLE NEWS

March 2020

MARCH DATES



February 27-March 31 - Traveling Art Exhibit
March 4 - Wii Bowling 11:30 - 2 pm
March 4 - Piccolo's hot lunch
March 5 - Break the Rules Day
March 6 - No School - Staff
Collaboration Day
March 9 - Superhero Literacy
Week- Kick off Assembly 11:15 am
March 12 - Walter MacDonald
White Bear Presentation 10 am
March 14 - Basketball Tournament
March 16 - Perogy pick up 3-5 pm
March 17 - School Council Meeting Facebook live
1 :30 - 2:30 pm
March 18 - McDonald's hot lunch
March 19 - Superhero Literacy Wrap-Up Assembly
11:00 am
March 20 - No School - Staff
Collaboration Day
March 23- 27 - Spring Break
March 31 - March Assembly 11:55

BASKETBALL

Come on over to the IRIC gym on Saturday March 14 to cheer on your Gr 6 Eagles basketball team! We are excited to host our end of season tournament, with some other schools from Wolf Creek in attendance. Parents of basketball players, keep an eye open for permission forms and the tournament draw! The team has been practicing hard this season, so we wish them luck during this fun day!



"Quoted"

"What we learn becomes part of who we are."

Author unknown

Superhero Literacy Week March 9-19th.

Kick off Assembly March 9 at 11:15 am

Featuring guest speaker Jamie Worthington from Big 105.5.



March 19th at 11:00 am
Superhero Celebration Assembly,
featuring guest speaker Cody Deaner, professional wrestler.





be extraordinary



WE NEED PASSIONATE PARENTS TO JOIN PIRIS

Parents of Iron Ridge Intermediate Society (PIRIS)

is a fundraising society, and the money raised through this group of parents makes possible multiple programs and items that enhance student learning at Iron Ridge Intermediate Campus.

LET'S KEEP IT GOING!



That Includes:

**HOT LUNCH,
SPORTS EQUIPMENT,
IPADS, BOOKS,
PROJECTORS,
ART SUPPLIES, MUSIC,
AND MUCH MORE!**

PIRIS is a crucial fundraising society for Iron Ridge Intermediate, but without new members on the executive, **PIRIS is in jeopardy** of not being able to continue its important work into the next school year and beyond.

PIRIS Annual General Meeting
March 16, 2020

6:30 p.m. at Iron Ridge Intermediate Campus

For more information on how to join, visit iric.wolfcreek.ab.ca,
or inquire at the school office

WE NEED PASSIONATE PARENTS TO JOIN PIRIS **LET'S KEEP IT GOING**

ANNUAL GENERAL MEETING (AGM) MONDAY, MARCH 16 - 6:30 IRIC Library

Dear Parents/Guardians:

Parent-led programs at IRIC can only continue with your support

Parents of Iron Ridge Intermediate Society (PIRIS) is a fundraising society at Iron Ridge Intermediate Campus. The money raised through this group of passionate parents makes possible multiple programs and items that enhance students learning at the school.

That includes:

Hot Lunch Program
Sports equipment for exercise and play,
Outdoor classroom equipment and activities,
and much more

PIRIS has raised more than \$45,000 over the past four years, not including \$300,000 that was raised by PIRIS parents and the community for the school playground.

As students grow up and leave Iron Ridge Intermediate, their parents, understandably, also move on from our school community. To ensure PIRIS survives these transitions, we need new parents ready to lend a hand.

PIRIS is a crucial fundraising society for Iron Ridge Intermediate, but without these new members on the executive, PIRIS is in serious jeopardy of not being able to continue its important work into the 2020-2021 school year and beyond.

We need your help!

WE URGENTLY NEED PARENTS to take on the executive positions of PIRIS, and ensure this group and its many vital contributions continue.

The following pages contain additional information. You can also visit the IRIC website, or call to find out more details.

How does PIRIS Support IRIC?

Parents of Iron Ridge Intermediate Society (PIRIS) was formed four years ago, primarily as a fundraising society. PIRIS continues in that capacity, successfully securing an AGLC license for raising funds through Bingos and Casinos. These are important for large scale fundraising projects, such as the school playground.

PIRIS has organized and been responsible for the IRIC's Hot Lunch Program, where families have the option of ordering hot lunch meals for their children twice a month.

Additionally, pancake breakfasts and barbecues for students have also been a success through PIRIS.

What happens if PIRIS folds?

If there is no one to fill the executive positions on PIRIS, then the group will lose its society status and the ability to fundraise through bingos, casinos and other large scale methods. Successful programs such as the Hot Lunch Program will no longer be viable. And, the funds raised for programming and crucial items to enhance student learning will be lost.

What is needed to ensure PIRIS continues to operate?

What we need most are parent volunteers ready to take lead roles on the executive of PIRIS. The positions consist of: President, Vice-President, Treasurer, Secretary, Casino/Bingo Chairperson, and directors.

What kind of time commitment is expected?

There are one hour monthly meetings for the executive.

For the executive and additional parent volunteers, there is a bingo once per month (and that schedule is important, as it took two years to get into that rotation). In addition, the executive and additional parent volunteers will be needed when IRIC's turn comes up for a Casino (once every 3 years).

What are the benefits of being a part of PIRIS?

The benefit is knowing that your commitment is making our school community a better place for our children and families. Through sports equipment, iPads, books, projectors, art supplies, music, etc., PIRIS has contributed to enriching the environment of IRIC, which our past members are very proud to have been a part of.

Please seriously consider filling one of these positions on PIRIS in order for this important work to continue to help serve our children and their education.

Executive Positions

President

- Presides and runs all meetings of the Executive and the AGM
- To be signing authority on all bank accounts
- Bring forward any fundraising suggestions
- To oversee all fundraisers and events
- To be responsible for agendas

Vice President

- To support the president and be prepared to fill in for the president if required
- To assist in the organization of fundraisers, Bingos, etc.
- To have signing authority on all bank accounts

Treasurer

- To keep and maintain all financial records and books for the society
- To pay all authorized obligations of the society
- To submit regular financial statements
- To be signing authority on all bank accounts
- To fill out the Annual Society Return for Alberta Registries
- To fill out the gaming financial report as requested by Alberta Gaming, with the help of the Casino chairperson

Secretary

- To keep and maintain the minutes of the Executive and AGM meetings
- If necessary, submit a write up for the monthly school newsletter
- To conduct such correspondence as may be required by the president (example: thank you letters)

Casino/Bingo Chairperson

- Correspond with Alberta Gaming on all changes made to the executive
- Complete applications for future casinos
- Ensure we have enough volunteers for casino/bingo commitments
- Ensure money that is spent through gaming proceeds meets both the organizations mandate and Alberta gaming authorized use of proceeds.

Directors

- Assist in the organization of fundraisers



March P.I.R.I.S.

Parents of Iron Ridge
Intermediate Society



March 16, 2020

7:00PM

IRIC Library

P.I.R.I.S Annual General Meeting

for all Parents.

Attend and learn about how this
Parent Group helps IRIC with Projects
Get involved with your Children's School.

Positions must be filled –

Be part of the joy



BINGO

Volunteers are needed for Bingo

Email pirisiric@gmail.com to
sign up or message us on FB!!

4 to 5 hour shifts – 10\$ Meal
voucher provided. Help raise
money for IRIC!

Hot Lunch Program for March is:



March
4



March
18

The next dates are as follows:

Fri, March 27 @ 4:30pm

Sat, April 11 @ 10:30am



Keep Calm
Spring is coming



**Spring
Break**
March 23 - 27

**Boston
Pizza**



Enjoying
Food at
Boston
Pizza



And bring in your
receipt to IRIC



Boston Pizza
donates Money to
Iron Ridge Intermediate



Boston Pizza Operation
Education helps fund
projects and programs
at Iron Ridge Intermediate

Thank you from Your P.I.R.I.S Board of Directors



Veseys Fundraising

Flower Bulbs • Seeds • Edibles • Perennials

SPRING 2020

**Spring is coming and it will soon
be time for planting gardens and
flowers!**

**IRIC will be participating in the
Veseys Fundraising in March.
Watch for the catalogues to
come home with students
before Spring Break.**



Curricular Links - Did You Know? Parents can access from the Alberta Government: [My Child's Learning: A Parent Resource](#). This site provides an excellent overview of grade specific curriculum and additional resources to enhance its teaching. Alberta Education determines what students need to learn in provincial curriculum and teachers use their professional judgement to determine how students achieve the learning outcomes in the provincial curriculum.

School Fees - Did You Know? can be paid online anytime by accessing your parent portal. If you are having any difficulties, please call reception 403-885- 6100 at IRIC.

Apply for Busing

New for the coming ***school year 2020-2021***, all busing registrations\requests (for new or current students who now require transportation) **must be submitted through the Parent Portal**. If you do not have an account please contact your child's school to arrange this. We have provided two links that contain instructions to assist you as you work through this new process.

WCPS students who currently use busing will only need to reapply if they are Urban and/or Cross-boundary students.

Registration Instructions - Current Wolf Creek Students

Registration Instructions- New Students to Wolf Creek

- **Deadline for ALL 2020/2021 bus registrations is June 15, 2020**



FEBRUARY 2020



NEWSLETTER



Anchored Parenting Workshop

Date: March 5, 12, 19 &
April 2, 2020

Time: 7:00 pm - 9:00 pm

Cost: \$149 per person or
\$199 couple

REGISTRATION:

www.betheanchor.ca

or call 403.786.0006

ANCHORED PARENTING is a
4 evening course created and led by
Kari & Boyd Lotzien.

ANCHORED PARENTING will bring families from
different backgrounds together to learn and
collaborate about what it means to be
'ANCHORED'.

Purchase Tickets

School-based Intensive for Occupational Therapy Practitioners

Online + 2-Day In-Person Course

Gain an advanced understanding of sensory processing and integration theory.



School-based Intensive for Occupational Therapy Practitioners

April 24 & 25, 2020

ENJOY 20% OFF!

School based therapists...We are bringing the STAR Institute for Sensory Processing to Canada. To The Stars Occupational Therapy & Wellness Center is excited to be hosting the STAR Institute's 'School-Based Learning for Occupational Therapy Practitioners'.

This "hybrid" intensive training course supports the clinician to gain an advanced understanding of sensory processing and integration theory, the STAR Frame of Reference adapted for the schools, evaluation, and various strategies of intervention. The clinician will learn to apply clinical reasoning through lectures, video treatment observation and analysis with experienced STAR Institute Faculty. The course will end with an opportunity for each clinician to develop an action plan to take back to their own practice.

Exciting NEWS - we're HIRING!



To the Stars Occupational Therapy & Wellness Centre is a progressive, growing company located in central Alberta. We provide services to children and families through private, home and school based programming. We offer a wide variety of wellness programs for children and youth that incorporate regulation, social skills and mental health. Our family coaching programs allow for meaningful connections with families that create lasting change.

We are looking for the right person to expand our incredible occupational therapy team. We are looking for an energetic, creative and passionate therapist. This person must be well organized, have excellent interpersonal skills and have experience working with children with differing abilities. Experience and training in pediatrics, mental health, wellness and sensory processing would be a definite asset.

"This Occupational Therapist position might be **PERFECT** for you if you're energetic, creative, passionate and understand that more often than not, it's the little things that really make a difference in the lives of children.

EMAIL your resume to admin@tothestars.ca

What is kindness?

Kindness is defined as the quality of being friendly, generous and considerate.

Everyday we hear stories about people trying to make the world a better place.

Together we can make the world a little bit kinder for all of us.

It all starts with one person... You!

Kindness helps you and others by:

Enhancing positivity
Changing your perspective
Creating a sense of community
Helping us feel connected to others
Reducing stress
Improving mood and self-esteem

Just one act of kindness a day can help:

Reduce stress, anxiety and depression

Kindness releases feel-good hormones in your body so you and the person you helped:

Feel calmer, healthier and happier

More loving and loved

More energy, less aches and pains and more confident

Simple ways to spread kindness:

- Volunteer
- Help a friend or neighbour
- Ask someone how they are feeling
- Offer support and encouragement to others
- Say good morning and smile
- Make someone laugh
- Be generous with compliments
- Leave a kind note for someone special

Kindness is contagious and doubles when you share it!

MORE RESOURCES

<https://www.albertahealthservices.ca/info/Page13769.aspx> Search "be kind"

<https://www.randomactsofkindness.org/the-science-of-kindness>

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642





BLACKFALDS HISTORICAL TRIVIA CHALLENGE JAN 9 - APR 30, 2020

**Learn about our community's history & enter
to win a Blackfalds Experience Package!**

(\$100 to spend at DDO Games & Hobbies, After the Grind & the Abbey Centre)

Watch for the Question of the Week

to be posted weekly on the Town website
at blackfalds.com/wadey-centre or

pop into the Wadey Centre on Thursdays between 1 - 4 pm
to get both the weekly question and learn the answer!

**The more you play, the better chance
you have of winning the prize!**

Participants will receive one entry slip for each question answered correctly.

Presented By



Wadey Centre
4400 South St.
Blackfalds, AB

For more info on the
Historical Trivia Challenge
or Thursday afternoon
programs at the
Wadey Centre,
contact:

Linda Jaffray
403.304.7317
ljaffray@gmail.com

Terry Mulrooney
403.396.2824
bobmulro@shaw.ca

THE WADEY CENTRE

OPEN TO THE PUBLIC WED. 10AM-4PM & THURS. 1-4PM
(effective Jan. 8, 2020)

New Thursday afternoon programs in 2020!

JANUARY

- 9** Diet Fads: Facts & Fallacies
- 16** Learn to Make Hot Pads
- 23** Basic Excel & Family Budgeting
- 30** Homemade Valentine Cards (\$2 fee per card made)

FEBRUARY

- 6** Learn to Knit / Crochet
- 13** Basic Food Safety
- 20** Learn to Play Cribbage Dice Games
- 27** One-Pot & Roll Over Meals

MARCH

- 5** Beginning Quilts - Cutting Fabric
- 12** Pet Care for the Holidays
- 19** Social Media for Beginners
- 26** Writing for Beginning Readers

APRIL

- 2** Easter Cookie Exchange Make Easter Eggs
- 9** Party Planning
- 16** Light Up Summer Menus
- 23** BBQ Meal Planning
- 30** Perennial Exchange Flower Bed Planning

For more information or to
register for a program:

Linda Jaffray
403.304.7317

ljaffray@gmail.com

Terry Mulrooney
403.396.2824

bobmulro@shaw.ca

WADEY VISITOR INFORMATION CENTRE

4400 South St. Blackfalds, AB
403.885.0335

